

Vlaamse Kampioenschappen 2016
ANTWERPEN, 26- - 28-2-2016

Programmanr. 27
28-2-2016 - 16:00

Heren, 200m wisselslag

open leeftijdsgroep
Resultaten Finale

Belgisch record	2:00.88	VANLUCHENE Emmanuel	GOLD	Antwerpen	3-5-2014
Vlaams record	2:00.88	VANLUCHENE Emmanuel	GOLD	Antwerpen	3-5-2014

Punten: FINA 2014

Rang	Geb.			Tijd	Pnt	50m	100m	150m	200m		
open leeftijdsgroep											
Finale											
1.	VANLUCHENE Emmanuel	92	GOLD	BEL	2:10.36	2:00.24	852	25.76	30.24	36.44	27.80
2.	SWILLEN Timon	00	TZ	BEL	2:10.31	2:09.42	683	27.04	33.87	38.66	29.85
3.	MESKENS Dries	99	AZL	BEL	2:11.45	2:09.83	677	28.25	33.09	38.95	29.54
4.	HEUNINCK Maarten	00	FIRST	BEL	2:14.94	2:11.53	651	27.43	34.36	37.77	31.97
5.	MULKERS Lander	00	HZS	BEL	2:12.75	2:12.63	635	28.35	33.88	40.11	30.29
6.	VANDERSYPEN Vincent	99	BRABO	BEL	2:14.06	2:14.19	613	28.94	35.86	38.40	30.99
7.	DE MUYNCK Noah	96	MEGA	BEL	2:16.31	2:15.77	591	29.08	35.19	39.89	31.61
8.	RUIJTEN Sander	01	DMB	BEL	2:16.21	2:16.39	583	29.46	36.28	38.01	32.64

15 - 18 jaar

Rang	Geb.			Tijd	Pnt	50m	100m	150m	200m		
Finale											
1.	STAES Thomas	00	SHARK	BEL	2:18.62	2:14.98	602	29.04	37.99	36.89	31.06
2.	VAN RIET Tom	99	BRABO	BEL	2:19.47	2:18.59	556	29.40	33.91	42.12	33.16
3.	HEUNINCK Stijn	00	FIRST	BEL	2:23.58	2:20.52	533	30.65	35.99	41.13	32.75
4.	LACEUR Joni	98	BEST	BEL	2:22.60	2:20.72	531	29.48	37.65	40.44	33.15
5.	WITTEVRONGEL Jorik	99	MEGA	BEL	2:21.90	2:23.25	504	30.56	38.49	41.53	32.67
6.	HERMAN Cian	01	FIRST	BEL	2:21.62	2:23.59	500	30.12	37.35	43.25	32.87
7.	HERTELEER Jonas	01	MEGA	BEL	2:25.15	2:25.94	476	32.17			
FF	KOSIRNIK Matic	00	LAQUA	SLO	2:23.39						

Programmanr. 28
28-2-2016 - 16:10

Dames, 50m rugslag

open leeftijdsgroep
Resultaten Finale

Belgisch record	29.09	BUYS Kimberly	BRABO	Antwerpen	11-5-2013
Vlaams record	29.09	BUYS Kimberly	BRABO	Antwerpen	11-5-2013

Punten: FINA 2014

Rang	Geb.			Tijd	RT	Pnt	
open leeftijdsgroep							
Finale							
1.	GORIS Mirthe	96	HZS	BEL	30.53	30.37	707
2.	GOETHALS Hilkje	95	MEGA	BEL	30.89	30.52	696
3.	COBBAERT Justine	00	ZB	BEL	31.69	30.81	677
4.	MATSA Martha	87	XANTH	GRE	31.18	30.98	666
5.	SWINNEN Marie-Lien	00	DMB	BEL	31.57	31.28	647
6.	WALRAVENS Sofie	99	SCSG	BEL	31.51	31.34	643
7.	HANSENNE Nona	01	ZCK	BEL	31.60	31.41	639
8.	HERMAN Lara	00	GOLD	BEL	31.95	31.78	617

15 - 17 jaar

Rang	Geb.			Tijd	RT	Pnt	
Finale							
1.	DE KEERSMAEKER Audrey	99	BRABO	BEL	32.11	31.94	608
2.	ROBBEETS Anke	99	DIZV	BEL	32.76	32.31	587
3.	DAEMEN Sien	01	DMB	BEL	32.73	32.43	580
4.	HOREMANS Kaat	00	ZCT	BEL	32.27	32.48	578
5.	OBRENO Louise	00	BZK	BEL	32.56	32.63	570
6.	BUYASSE Camille	00	FIRST	BEL	32.57	32.64	569
7.	VANDENBROUCKE Bo	01	MEGA	BEL	32.90	32.65	569
8.	MEERT Jessie	99	SCSG	BEL	32.48	32.79	562

Vlaamse Kampioenschappen 2016
ANTWERPEN, 26 - 28-2-2016

Programmanr. 29
28-2-2016 - 16:10

Heren, 100m vrije slag

open leeftijdsgroep
Resultaten Finale

Belgisch record	48.22	TIMMERS Pieter	BRABO	Kazan (RUS)	5-8-2015
Vlaams record	48.22	TIMMERS Pieter	BRABO	Kazan (RUS)	5-8-2015

Punten: FINA 2014

Rang	Geb.	Tijd	Pnt	50m	100m				
open leeftijdsgroep									
Finale									
1.	SURGELOOSE Glenn	89	BRABO	BEL	48.70	49.09	872	23.51	25.58
2.	AERENTS Jasper	92	BZK	BEL	49.08	49.35	858	23.89	25.46
3.	KATRANTZIS Christos	92	GRE	GRE	50.21	49.42	855	23.69	25.73
4.	CROENEN Louis	94	SHARK	BEL	50.48	50.24	814	24.46	25.78
5.	MARCOURT Alexandre	99	STT	BEL	50.91	50.87	784	24.42	26.45
6.	WEIREMANS Lorenz	96	BRABO	BEL	51.20	51.17	770	24.84	26.33
7.	BORISAVLJEVIC Alexis	97	LAQUA	BEL	51.29	51.31	764	25.02	26.29
8.	VANGOETSENHOVEN Dries	97	BRABO	BEL	51.26	52.27	722	25.13	27.14

15 - 18 jaar

Rang	Geb.	Tijd	Pnt	50m	100m				
Finale									
1.	DE MEULEMEESTER Sebastien	98	ZNA	BEL	51.54	51.41	759	24.65	26.76
2.	DE GRAEVE Birgen	98	LAQUA	BEL	52.73	52.23	724	25.23	27.00
3.	BODIROZA Nick	00	BRABO	SLO	53.71	53.59	670	25.91	27.68
4.	SURGELOOSE Owen	99	MEGA	BEL	53.79	53.65	668	25.96	27.69
5.	CAMERLYNCK Tim	98	GOLD	BEL	54.04	53.90	659	25.76	28.14
6.	HOUSEN Stef	00	DMB	BEL	54.52	54.24	646	26.49	27.75
7.	SWILLEN Timon	00	TZ	BEL	53.24	54.84	625	26.54	28.30
8.	VAN LOOY Quinten	99	SHARK	BEL	54.25	54.88	624	26.26	28.62

Programmanr. 30
28-2-2016 - 16:25

Dames, 200m vrije slag

open leeftijdsgroep
Resultaten Finale

Belgisch record	2:00.90	VAN KOECKHOVEN Nina	MZV	Helsinki (FIN)	7-7-2000
Vlaams record	2:00.90	VAN KOECKHOVEN Nina	MZV	Helsinki (FIN)	7-7-2000

Punten: FINA 2014

Rang	Geb.	Tijd	Pnt	50m	100m	150m	200m				
open leeftijdsgroep											
Finale											
1.	GORIS Lotte	00	BRABO	BEL	2:04.41	2:00.53	823	28.48	30.48	30.72	30.85
2.	VAN DER ZANDEN Wendy	88	BRABO	NED	2:07.40	2:02.15	791	28.24	31.04	31.12	31.75
3.	BOUDEN Camille	01	ZB	BEL	2:04.30	2:03.09	773	29.06	31.51	31.51	31.01
4.	BUYS Kimberly	89	BRABO	BEL	2:07.21	2:04.71	743	28.71	31.74	32.01	32.25
5.	VERMEYLEN Jolien	94	LAQUA	BEL	2:07.51	2:07.41	697	30.16	32.46	32.72	32.07
6.	DE BOCK Sonia	98	BRABO	BEL	2:08.76	2:08.03	687	29.12	32.74	33.25	32.92
7.	BYNENS Nathalie	93	HZS	BEL	2:10.83	2:09.74	660	29.88	32.54	33.82	33.50
8.	VANLEYNSEELE Sara	97	BRABO	BEL	2:10.75	2:10.24	652	29.90	33.21	33.06	34.07

15 - 17 jaar

Rang	Geb.	Tijd	Pnt	50m	100m	150m	200m				
Finale											
1.	VAN NYVERSEEL Silke	01	ZS	BEL	2:13.30	2:11.28	637	30.34	33.40	34.08	33.46
2.	KOENS Rebecca	99	LAQUA	NED	2:14.73	2:11.67	631	30.25	33.50	34.21	33.71
3.	VAN HYFTE Isaura	99	MEGA	BEL	2:15.60	2:12.30	622	30.28	33.25	34.50	34.27
4.	DIONYSOPOULOU Maria	00	BRABO	BEL	2:12.56	2:12.78	616	30.96	33.42	34.06	34.34
5.	AVET Leonie	01	GOLD	BEL	2:13.84	2:13.02	612	30.75	34.16	34.18	33.93
6.	VAN DEUREN Charlotte	01	BRABO	BEL	2:13.85	2:13.20	610	31.23	34.06	34.11	33.80
7.	STRAGIER Evelien	00	RSCM	BEL	2:15.71	2:15.48	579	30.40	34.11	35.63	35.34
8.	VANHEE Steffi	01	KZK	BEL	2:14.09	2:16.07	572	30.98	34.26	35.72	35.11

Vlaamse Kampioenschappen 2016
ANTWERPEN, 26- - 28-2-2016

Programmanr. 31
28-2-2016 - 16:35

Heren, 200m rugslag

open leeftijdsgroep
Resultaten Finale

Belgisch record	1:59.64	MAENE Stefaan	BZK	Barcelona (ESP)	28-7-1992
Vlaams record	1:59.64	MAENE Stefaan	BZK	Barcelona (ESP)	28-7-1992

Punten: FINA 2014

Rang	Geb.	Tijd	Pnt	50m	100m	150m	200m				
open leeftijdsgroep											
Finale											
1.	VAN AUDEKERKE Nils	96	TSZ	BEL	2:06.38	2:01.07	789	28.17	30.34	31.44	31.12
2.	THIJS Thomas	97	ZGEEL	BEL	2:09.50	2:06.97	684	29.03	30.86	32.78	34.30
3.	GULDENTOPS Kevin	00	TSZ	BEL	2:10.60	2:10.82	626	29.88	33.37	34.26	33.31
4.	DE VRIENDT Karel	94	MEGA	BEL	2:11.54	2:12.27	605	30.91	33.80	33.85	33.71
5.	BISSCHOP Tibo	98	BZK	BEL	2:12.65	2:13.16	593	30.62	34.16	34.37	34.01
6.	MULKERS Lander	00	HZS	BEL	2:13.84	2:14.27	579	31.08	33.80	34.68	34.71
7.	VAN LIERDE Thomas	99	ZNA	BEL	2:16.59	2:14.89	571	31.10	34.64	34.80	34.35
8.	DE MUYNCK Noah	96	MEGA	BEL	2:17.14	2:17.41	540	32.96	35.11	35.27	34.07

15 - 18 jaar

Finale											
1.	DE WEIRDT Jan	00	AZ	BEL	2:17.87	2:16.74	548	32.05	34.55	34.99	35.15
2.	DEWULF Tjorven	98	KZK	BEL	2:19.64	2:18.48	527	31.48	35.15	36.62	35.23
3.	MARCENIUK Bjorn	99	HZS	BEL	2:23.90	2:19.52	516	32.36	35.49	36.25	35.42
4.	BEARELLE Thibo	00	KZK	BEL	2:21.09	2:21.05	499	32.46	36.84	36.25	35.50
5.	BUYSENS Dario	01	GOLD	BEL	2:23.56	2:22.09	488	32.69	35.49	37.14	36.77
6.	VAN ROMPAEY Dries	01	BRABO	BEL	2:26.13	2:25.54	454	33.24	36.49	37.71	38.10
7.	SAMYN Jonas	00	KZK	BEL	2:26.23	2:25.58	454	33.75	37.11	37.75	36.97
8.	HERMAN Cian	01	FIRST	BEL	2:24.94	2:27.47	437	34.31	37.40	38.17	37.59

Programmanr. 32
28-2-2016 - 16:40

Dames, 400m wisselslag

open leeftijdsgroep
Resultaten Finale

Belgisch record	4:46.15	GERVY Yseult	CNBA	Helsinki (FIN)	3-7-2000
Vlaams record	4:51.21	BECUE Brigitte	BZK	Rome (ITA)	2-6-1995

LT VK 15: 5:53.50; 16: 5:43.00; 17: 5:32.50; 18: 5:21.50; 19 +: 5:18.00

Punten: FINA 2014

Rang	Geb.	Tijd	RT	Pnt				
Finale								
1.	GEEROMS Anke	00	BRABO	BEL	5:06.91	5:02.89	+0,77	696
	50m: 32.57	32.57	150m: 1:50.51	40.67	250m: 3:11.03	41.14	350m: 4:29.01	36.18
	100m: 1:09.84	37.27	200m: 2:29.89	39.38	300m: 3:52.83	41.80	400m: 5:02.89	33.88
2.	DE BAERE Marie-Claire	97	STW	BEL	5:16.57	5:12.21		635
	50m: 32.37	32.37	150m: 1:52.06	41.34	250m: 3:17.75	46.32	350m: 4:38.99	34.94
	100m: 1:10.72	38.35	200m: 2:31.43	39.37	300m: 4:04.05	46.30	400m: 5:12.21	33.22
3.	VAN SUETENDAEL Sara	00	BRABO	BEL	5:20.94	5:13.66	+0,76	626
	50m: 32.61	32.61	150m: 1:50.95	40.64	250m: 3:16.57	46.00	350m: 4:39.27	35.60
	100m: 1:10.31	37.70	200m: 2:30.57	39.62	300m: 4:03.67	47.10	400m: 5:13.66	34.39
4.	CAS Emma	99	ZS	BEL	5:25.83	5:22.97	+0,77	574
	50m: 33.57	33.57	150m: 1:55.67	43.30	250m: 3:22.03	44.33	350m: 4:46.41	38.97
	100m: 1:12.37	38.80	200m: 2:37.70	42.03	300m: 4:07.44	45.41	400m: 5:22.97	36.56
5.	LOONES Thuline	00	MEGA	BEL	5:27.85	5:22.98	+0,79	574
	50m: 32.95	32.95	150m: 1:54.84	41.43	250m: 3:22.74	47.89	350m: 4:49.19	37.11
	100m: 1:13.41	40.46	200m: 2:34.85	40.01	300m: 4:12.08	49.34	400m: 5:22.98	33.79
6.	DAEMEN Sien	01	DMB	BEL	5:26.64	5:23.87	+0,78	569
	50m: 32.51	32.51	150m: 1:53.14	41.58	250m: 3:23.27	49.03	350m: 4:48.28	36.47
	100m: 1:11.56	39.05	200m: 2:34.24	41.10	300m: 4:11.81	48.54	400m: 5:23.87	35.59
7.	TUYTSCHAEVER Dora	00	LOR	BEL	5:38.56	5:33.57	+0,77	521
	50m: 34.71	34.71	150m: 2:01.85	45.09	250m: 3:31.03	46.00	350m: 4:56.67	38.41
	100m: 1:16.76	42.05	200m: 2:45.03	43.18	300m: 4:18.26	47.23	400m: 5:33.57	36.90
8.	VAN STEEN Ayko	01	TZ	BEL	5:36.09	5:36.00	+0,73	509
	50m: 33.69	33.69	150m: 2:00.28	44.92	250m: 3:31.49	47.70	350m: 4:59.46	38.89
	100m: 1:15.36	41.67	200m: 2:43.79	43.51	300m: 4:20.57	49.08	400m: 5:36.00	36.54

Vlaamse Kampioenschappen 2016
ANTWERPEN, 26- - 28-2-2016

Programmanr. 33
28-2-2016 - 17:00

Heren, 200m schoolslag

open leeftijdsgroep
Resultaten Finale

Belgisch record	2:12.97	COREELMAN Jonas	GOLD	Antwerpen	27-4-2014
Vlaams record	2:12.97	COREELMAN Jonas	GOLD	Antwerpen	27-4-2014

Punten: FINA 2014

Rang	Geb.	Tijd	Pnt	50m	100m	150m	200m		
open leeftijdsgroep									
Finale									
1.	KOULOURIS Dimitrios	91 PAO GRE	2:19.54	2:12.52	880	29.48	33.53	34.47	35.04
2.	VANDELDE Raf	93 STT BEL	2:18.62	2:16.35	808	30.31	34.21	35.14	36.69
3.	CAERTS Basten	97 DBT BEL	2:19.71	2:16.55	804	30.29	34.25	35.52	36.49
4.	DE GOLDS Senne	98 ZNA BEL	2:20.39	2:20.39	740	31.23	35.57	36.40	37.19
5.	STAES Thomas	00 SHARK BEL	2:26.14	2:25.37	666	32.49	36.72	38.52	37.64
6.	VANGERVEN Pieterjan	89 LAQUA BEL	2:26.84	2:26.52	651	32.27	37.47	38.01	38.77
7.	RUIJTEN Sander	01 DMB BEL	2:28.29	2:27.00	645	32.67	37.91	38.11	38.31
8.	MESKENS Dries	99 AZL BEL	2:29.04	2:28.22	629	33.97	37.76	38.25	38.24

15 - 18 jaar

Finale									
1.	VAN DAMME Antoon	99 AZL BEL	2:29.88	2:30.71	598	33.13	38.87	39.42	39.29
2.	DECUYPER Brecht	00 MEGA BEL	2:30.89	2:30.73	598	34.33	38.24	38.94	39.22
3.	MOYAERT Theodore	01 ISWIM BEL	2:35.22	2:34.32	557	33.98	38.84	39.89	41.61
4.	STAVART Corentin	99 STT BEL	2:35.08	2:34.52	555	34.13	39.29	40.17	40.93
5.	KRUIJTZER Jelle	99 BRABO BEL	2:40.39	2:41.05	490	35.67	41.55	42.10	41.73
6.	VAN DEN BROECK Brent	00 ZCT BEL	2:45.09	2:41.20	489	36.18	42.05	41.52	41.45
7.	NOYEZ Clement	01 KZK BEL	2:42.65	2:41.39	487	34.83	41.99	42.89	41.68
8.	VAES Stef	99 BRABO BEL	2:43.16	2:43.50	468	36.98	43.14	42.48	40.90

Programmanr. 34
28-2-2016 - 17:05

Dames, 50m schoolslag

open leeftijdsgroep
Resultaten Finale

Belgisch record	30.75	LECLUYSE Fanny	DM	Kazan (RUS)	8-8-2015
Vlaams record	31.52	JANSSSENS Kim	BRABO	Barcelona (ESP)	3-8-2013

Punten: FINA 2014

Rang	Geb.	Tijd	RT	Pnt	
open leeftijdsgroep					
Finale					
1.	DRASIDOU Maria-Thaleia	95 PAO GRE	32.45	32.09 +0,69	775
2.	VERMEYLEN Jolien	94 LAQUA BEL	32.97	33.40	687
3.	GEEROMS Anke	00 BRABO BEL	34.05	34.09	646
4.	ADAMS Kymberly	00 GOLD BEL	34.51	34.25 +0,70	637
5.	SCHOEFS Elise	98 HZS BEL	34.66	34.65 +0,79	615
6.	VERBRUGGEN Laura	99 DIZV BEL	34.80	34.68 +0,69	614
7.	DE COCK Hanne	98 BZK BEL	35.66	35.63 +0,78	566
8.	CLAES Jo	99 GZVN BEL	35.37	35.80 +0,76	558

15 - 17 jaar

Finale					
1.	CARLU Axelle	00 KZK BEL	36.22	35.43 +0,74	576
2.	WEYTS Maxine	01 STW BEL	35.88	35.54 +0,83	570
3.	PASPONT Romi	00 DMB BEL	36.76	35.86 +0,74	555
4.	PLUIJM Saar	99 ZS BEL	36.33	35.99 +0,76	549
5.	TAECKE Lore	00 COAST BEL	36.96	36.24 +0,76	538
6.	VERHENNE Kaat	00 KZK BEL	36.64	36.34 +0,75	533
7.	CORSTJENS Britt	00 DMB BEL	37.06	36.51 +0,71	526
8.	VAN LOON Lien	01 LAQUA BEL	37.24	36.69 +0,84	518

Vlaamse Kampioenschappen 2016
ANTWERPEN, 26- - 28-2-2016

Programmanr. 35
28-2-2016 - 17:10

Heren, 50m vlinderslag

open leeftijdsgroep
Resultaten Finale

Belgisch record	23.34	HEERSBRANDT Francois	CNSW	Kazan (RUS)	2-8-2015
Vlaams record	23.86	DE WILDE Gilles	MEGA	Antwerpen	9-5-2015

Punten: FINA 2014

Rang	Geb.	Tijd	RT	Pnt	
open leeftijdsgroep					
Finale					
1.	CROENEN Louis	94 SHARK BEL	24.42	24.30 +0,73	786
2.	VANGOETSENHOVEN Dries	97 BRABO BEL	24.60	24.37 +0,66	779
3.	MARCOURT Alexandre	99 STT BEL	24.98	24.90 +0,66	730
	DE MEULEMEESTER S.	98 ZNA BEL	25.24	24.90 +0,67	730
5.	DE GRAEVE Birgen	98 LAQUA BEL	25.05	24.95 +0,71	726
6.	BODIROZA Nick	00 BRABO SLO	25.69	25.52 +0,73	678
7.	DE MEYER Diego	95 MEGA BEL	25.94	25.86 +0,63	652
8.	BORISAVLJEVIC Valentin	97 LAQUA BEL	26.15	25.87 +0,69	651

15 - 18 jaar

Finale					
1.	HEUNINCK Maarten	00 FIRST BEL	26.35	25.95	645
2.	CARREMANS Maarten	98 WLW BEL	26.30	26.33 +0,67	618
3.	SWILLEN Timon	00 TZ BEL	26.60	26.35 +0,73	616
4.	CAMERLYNCK Tim	98 GOLD BEL	26.41	26.44 +0,74	610
5.	VANDERSYPEN Vincent	99 BRABO BEL	26.53	26.47 +0,67	608
6.	PARMENTIER Bavo	98 BZK BEL	26.60	26.65 +0,70	596
7.	DUHAMEL Louis	98 ZCK BEL	26.99	26.69 +0,72	593
FF	KOSIRNIK Matic	00 LAQUA SLO	26.53		

Programmanr. 36
28-2-2016 - 17:15

Dames, 100m vlinderslag

open leeftijdsgroep
Resultaten Finale

Belgisch record	58.36	BUYS Kimberly	BRABO	Kazan (RUS)	2-8-2015
Vlaams record	58.36	BUYS Kimberly	BRABO	Kazan (RUS)	2-8-2015

Punten: FINA 2014

Rang	Geb.	Tijd	Pnt	50m	100m		
open leeftijdsgroep							
Finale							
1.	NTOUNTOUNAKI Anna	95 GRE GRE	58.48	58.32	884	27.47	30.85
2.	BUYS Kimberly	89 BRABO BEL	1:01.67	1:00.45	794	28.03	32.42
3.	JOCHEMS Charissa	01 SHARK BEL	1:03.01	1:02.87	705	28.99	33.88
4.	BOUDEN Camille	01 ZB BEL	1:03.17	1:03.03	700	29.71	33.32
5.	GORIS Mirthe	96 HZS BEL	1:04.04	1:03.54	683	30.20	33.34
6.	VANLEYNSEELE Sara	97 BRABO BEL	1:03.32	1:04.05	667	29.63	34.42
7.	VAN HEGHE Margot	99 FIRST BEL	1:05.31	1:04.92	641	30.13	34.79
8.	STRAGIER Evelien	00 RSCM BEL	1:06.53	1:07.93	559	30.86	37.07

15 - 17 jaar

Finale							
1.	HAST Nikita	00 ROSC BEL	1:06.63	1:06.46	597	30.32	36.14
2.	SWINNEN Marie-Lien	00 DMB BEL	1:07.51	1:07.13	579	31.37	35.76
3.	GIELEN Indra	00 DMB BEL	1:09.19	1:07.69	565	31.54	36.15
4.	COLLIER Jille	01 BRABO BEL	1:08.48	1:07.99	558	31.49	36.50
5.	VANOOST Margeaux	01 KZK BEL	1:07.99	1:08.25	551	31.03	37.22
6.	DE VELDER Jolien	01 FIRST BEL	1:08.90	1:08.65	542	31.62	37.03
7.	MEERT Jessie	99 SCSG BEL	1:07.98	1:08.97	534	31.95	37.02
8.	HOREMANS Kaat	00 ZCT BEL	1:08.93	1:10.37	503	32.03	38.34

Vlaamse Kampioenschappen 2016
ANTWERPEN, 26- - 28-2-2016

Programmanr. 37 Heren, 1500m vrije slag open leeftijdsgroep
28-2-2016 - 17:20 Resultaten

Belgisch record 15:11.04 VANGENEUGDEN Tom OZV Beijing (CHN) 15-8-2008
Vlaams record 15:11.04 VANGENEUGDEN Tom OZV Beijing (CHN) 15-8-2008

Punten: FINA 2014

Rang	Geb.	Tijd	RT	Pnt
1.	HENDRICKX Lander 94 LAQUA BEL 15:06.53	15:17.72	+0,72	854
	100m: 58.92 58.92 5:05.05 1:01.50 900m: 9:11.42 1:01.80 1300m: 13:17.67 1:01.83			
	200m: 2:00.30 1:01.38 6:06.94 1:01.89 1000m: 10:12.69 1:01.27 1400m: 14:18.76 1:01.09			
	300m: 3:01.90 1:01.60 7:08.14 1:01.20 1100m: 11:14.00 1:01.31 1500m: 15:17.72 58.96			
	400m: 4:03.55 1:01.65 8:09.62 1:01.48 1200m: 12:15.84 1:01.84			
2.	MARTENS Noah 00 MEGA BEL 16:32.63	16:05.18	+0,77	734
	100m: 1:01.89 1:01.89 5:22.11 1:04.59 900m: 9:39.79 1:04.22 1300m: 13:57.10 1:04.71			
	200m: 2:06.90 1:05.01 6:27.32 1:05.21 1000m: 10:44.10 1:04.31 1400m: 15:01.42 1:04.32			
	300m: 3:12.19 1:05.29 7:31.45 1:04.13 1100m: 11:48.20 1:04.10 1500m: 16:05.18 1:03.76			
	400m: 4:17.52 1:05.33 8:35.57 1:04.12 1200m: 12:52.39 1:04.19			
3.	LOONES Matthias 97 MEGA BEL 16:38.78	16:25.42	+0,80	690
	100m: 1:02.41 1:02.41 5:24.33 1:05.72 900m: 9:49.36 1:06.58 1300m: 14:14.67 1:06.74			
	200m: 2:07.62 1:05.21 6:30.38 1:06.05 1000m: 10:55.79 1:06.43 1400m: 15:20.42 1:05.75			
	300m: 3:17.11 1:05.49 7:36.43 1:06.05 1100m: 12:01.92 1:06.13 1500m: 16:25.42 1:05.00			
	400m: 4:18.61 1:05.50 8:42.78 1:06.35 1200m: 13:07.93 1:06.01			
4.	DE HAUWERE Arend 99 MEGA BEL 16:45.39	16:35.52	+0,81	669
	100m: 1:03.44 1:03.44 5:31.76 1:07.10 900m: 9:58.70 1:06.78 1300m: 14:25.84 1:06.70			
	200m: 2:10.25 1:06.81 6:38.51 1:06.75 1000m: 11:05.72 1:07.02 1400m: 15:31.50 1:05.66			
	300m: 3:17.27 1:07.02 7:45.10 1:06.59 1100m: 12:12.63 1:06.91 1500m: 16:35.52 1:04.02			
	400m: 4:24.66 1:07.39 8:51.92 1:06.82 1200m: 13:19.14 1:06.51			
5.	SODEMANN Elliot 98 LAQUA SWE 16:52.25	16:45.97	+0,80	649
	100m: 1:03.88 1:03.88 5:32.29 1:07.23 900m: 10:01.85 1:07.41 1300m: 14:31.84 1:07.68			
	200m: 2:10.81 1:06.93 6:39.37 1:07.08 1000m: 11:09.14 1:07.29 1400m: 15:39.27 1:07.43			
	300m: 3:17.87 1:07.06 7:46.94 1:07.57 1100m: 12:16.22 1:07.08 1500m: 16:45.97 1:06.70			
	400m: 4:25.06 1:07.19 8:54.44 1:07.50 1200m: 13:24.16 1:07.94			
6.	MARICHAL Seppe 01 BRABO BEL 16:40.94	16:48.36	+0,69	644
	100m: 1:03.42 1:03.42 5:31.38 1:06.89 900m: 10:00.84 1:07.69 1300m: 14:32.53 1:09.06			
	200m: 2:09.97 1:06.55 6:38.74 1:07.36 1000m: 11:08.25 1:07.41 1400m: 15:41.81 1:09.28			
	300m: 3:17.00 1:07.03 7:45.61 1:06.87 1100m: 12:15.71 1:07.46 1500m: 16:48.36 1:06.55			
	400m: 4:24.49 1:07.49 8:53.15 1:07.54 1200m: 13:23.47 1:07.76			
7.	DECONINCK Michiel 95 GOLD BEL 16:49.55	16:54.63	+0,78	632
	100m: 1:03.33 1:03.33 5:33.95 1:07.74 900m: 10:05.81 1:08.22 1300m: 14:39.59 1:08.56			
	200m: 2:10.89 1:07.56 6:41.76 1:07.81 1000m: 11:14.13 1:08.32 1400m: 15:47.93 1:08.34			
	300m: 3:18.40 1:07.51 7:49.78 1:08.02 1100m: 12:22.48 1:08.35 1500m: 16:54.63 1:06.70			
	400m: 4:26.21 1:07.81 8:57.59 1:07.81 1200m: 13:31.03 1:08.55			
8.	WITTEVRONGEL Jorik 99 MEGA BEL 17:03.47	17:07.92	+0,78	608
	100m: 1:06.24 1:06.24 5:39.40 1:08.29 900m: 10:13.72 1:08.46 1300m: 14:51.04 1:09.97			
	200m: 2:15.23 1:08.99 6:47.94 1:08.54 1000m: 11:22.95 1:09.23 1400m: 16:00.86 1:09.82			
	300m: 3:22.67 1:07.44 7:56.77 1:08.83 1100m: 12:32.06 1:09.11 1500m: 17:07.92 1:07.06			
	400m: 4:31.11 1:08.44 9:05.26 1:08.49 1200m: 13:41.07 1:09.01			
9.	BASSLE Joris 99 BZK BEL 16:52.55	17:13.25	+0,70	599
	100m: 1:03.75 1:03.75 5:35.55 1:08.23 900m: 10:12.43 1:09.61 1300m: 14:54.67 1:10.92			
	200m: 2:11.95 1:08.20 6:44.21 1:08.66 1000m: 11:22.99 1:10.56 1400m: 16:05.17 1:10.50			
	300m: 3:19.42 1:07.47 7:53.48 1:09.27 1100m: 12:33.07 1:10.08 1500m: 17:13.25 1:08.08			
	400m: 4:27.32 1:07.90 9:02.82 1:09.34 1200m: 13:43.75 1:10.68			
10.	WILLEMS Bruno 99 ZVL BE 17:27.98	17:15.91	+0,81	594
	100m: 1:06.31 1:06.31 5:42.10 1:08.76 900m: 10:19.88 1:09.63 1300m: 14:57.92 1:09.48			
	200m: 2:15.83 1:09.52 6:51.68 1:09.58 1000m: 11:29.38 1:09.50 1400m: 16:08.24 1:10.32			
	300m: 3:24.82 1:08.99 8:00.66 1:08.98 1100m: 12:38.79 1:09.41 1500m: 17:15.91 1:07.67			
	400m: 4:33.34 1:08.52 9:10.25 1:09.59 1200m: 13:48.44 1:09.65			
11.	BECKWEE Emile 98 DDAT BEL 17:59.36	17:37.39	+0,70	558
	100m: 1:05.60 1:05.60 5:48.49 1:11.34 900m: 10:32.78 1:10.75 1300m: 15:16.72 1:11.14			
	200m: 2:16.01 1:10.41 6:59.63 1:11.14 1000m: 11:43.76 1:10.98 1400m: 16:27.73 1:11.01			
	300m: 3:26.06 1:10.05 8:10.96 1:11.33 1100m: 12:54.81 1:11.05 1500m: 17:37.39 1:09.66			
	400m: 4:37.15 1:11.09 9:22.03 1:11.07 1200m: 14:05.58 1:10.77			
12.	VANHAUWAERT Jente 01 ROSC BEL 17:56.14	17:48.71	+0,78	541
	100m: 1:05.88 1:05.88 5:50.41 1:11.62 900m: 10:39.34 1:12.70 1300m: 15:27.47 1:11.94			
	200m: 2:16.49 1:10.61 7:01.57 1:11.16 1000m: 11:51.38 1:12.04 1400m: 16:39.79 1:12.32			
	300m: 3:27.53 1:11.04 8:13.86 1:12.29 1100m: 13:03.19 1:11.81 1500m: 17:48.71 1:08.92			
	400m: 4:38.79 1:11.26 9:26.64 1:12.78 1200m: 14:15.53 1:12.34			
13.	SAMYN Jonas 00 KZK BEL 18:28.94	18:03.87	+0,87	518
	100m: 1:07.16 1:07.16 5:59.27 1:13.65 900m: 10:52.12 1:13.34 1300m: 15:44.84 1:13.04			
	200m: 2:19.80 1:12.64 7:12.49 1:13.22 1000m: 12:05.46 1:13.34 1400m: 16:56.50 1:11.66			
	300m: 3:32.78 1:12.98 8:25.76 1:13.27 1100m: 13:18.79 1:13.33 1500m: 18:03.87 1:07.37			
	400m: 4:45.62 1:12.84 9:38.78 1:13.02 1200m: 14:31.80 1:13.01			
14.	HAESSEN Sebastian 99 RSCM BEL 18:24.38	18:05.73	+0,53	516
	100m: 1:06.32 1:06.32 5:53.52 1:12.71 900m: 10:46.36 1:13.25 1300m: 15:41.02 1:13.93			
	200m: 2:16.86 1:10.54 7:06.62 1:13.10 1000m: 11:59.83 1:13.47 1400m: 16:55.18 1:14.16			
	300m: 3:28.09 1:11.23 8:19.74 1:13.12 1100m: 13:13.57 1:13.74 1500m: 18:05.73 1:10.55			
	400m: 4:40.81 1:12.72 9:33.11 1:13.37 1200m: 14:27.09 1:13.52			

Vlaamse Kampioenschappen 2016
ANTWERPEN, 26- - 28-2-2016

Programmanr. 37, Heren, 1500m vrije slag, open leeftijdsgroep

Rang	Geb.			Tijd	RT	Pnt					
15.	BERGHMANS Jens	01	ZS	BEL	17:35.00	18:07.56	+0,77	513			
	100m: 1:05.57	1:05.57	500m: 5:53.03	1:12.74	900m: 10:45.36	1:13.11		1300m: 15:40.85	1:13.76		
	200m: 2:16.56	1:10.99	600m: 7:06.33	1:13.30	1000m: 11:59.20	1:13.84		1400m: 16:55.30	1:14.45		
	300m: 3:28.04	1:11.48	700m: 8:18.94	1:12.61	1100m: 13:13.01	1:13.81		1500m: 18:07.56	1:12.26		
	400m: 4:40.29	1:12.25	800m: 9:32.25	1:13.31	1200m: 14:27.09	1:14.08					
16.	HOREMANS Ruben	01	SHARK	BEL	18:22.66	18:09.84	+0,75	510			
	100m: 1:07.76	1:07.76	500m: 5:57.41	1:13.32	900m: 10:53.74	1:13.73		1300m: 15:49.19	1:13.79		
	200m: 2:19.10	1:11.34	600m: 7:11.33	1:13.92	1000m: 12:07.68	1:13.94		1400m: 17:02.56	1:13.37		
	300m: 3:31.28	1:12.18	700m: 8:25.51	1:14.18	1100m: 13:21.70	1:14.02		1500m: 18:09.84	1:07.28		
	400m: 4:44.09	1:12.81	800m: 9:40.01	1:14.50	1200m: 14:35.40	1:13.70					
17.	VLAMIJNCK Jonas	01	AZ	BEL	18:26.38	18:32.13	+0,73	480			
	100m: 1:09.42	1:09.42	500m: 6:06.12	1:14.21	900m: 11:06.22	1:15.40		1300m: 16:08.35	1:15.39		
	200m: 2:23.42	1:14.00	600m: 7:20.97	1:14.85	1000m: 12:21.70	1:15.48		1400m: 17:21.71	1:13.36		
	300m: 3:37.09	1:13.67	700m: 8:35.87	1:14.90	1100m: 13:37.59	1:15.89		1500m: 18:32.13	1:10.42		
	400m: 4:51.91	1:14.82	800m: 9:50.82	1:14.95	1200m: 14:52.96	1:15.37					
18.	DE SAEGER Ruben	01	STW	BEL	19:22.86	18:36.56	+0,72	474			
	100m: 1:08.21	1:08.21	500m: 6:08.81	1:16.02	900m: 11:09.37	1:15.30		1300m: 16:09.28	1:14.93		
	200m: 2:22.15	1:13.94	600m: 7:24.69	1:15.88	1000m: 12:24.16	1:14.79		1400m: 17:23.97	1:14.69		
	300m: 3:37.22	1:15.07	700m: 8:39.14	1:14.45	1100m: 13:39.32	1:15.16		1500m: 18:36.56	1:12.59		
	400m: 4:52.79	1:15.57	800m: 9:54.07	1:14.93	1200m: 14:54.35	1:15.03					
19.	LAUWERS Sander	01	RSCM	BEL	18:48.14	18:38.57	+0,80	472			
	100m: 1:07.81	1:07.81	500m: 6:03.02	1:14.71	900m: 11:03.67	1:15.68		1300m: 16:09.36	1:16.60		
	200m: 2:20.45	1:12.64	600m: 7:18.01	1:14.99	1000m: 12:20.34	1:16.67		1400m: 17:24.36	1:15.00		
	300m: 3:34.09	1:13.64	700m: 8:33.02	1:15.01	1100m: 13:35.65	1:15.31		1500m: 18:38.57	1:14.21		
	400m: 4:48.31	1:14.22	800m: 9:47.99	1:14.97	1200m: 14:52.76	1:17.11					
20.	BELLENS Jens	01	SHARK	BEL	19:36.07	19:06.43	+0,74	438			
	100m: 1:11.43	1:11.43	500m: 6:18.09	1:16.94	900m: 11:24.89	1:16.17		1300m: 16:34.33	1:17.69		
	200m: 2:27.59	1:16.16	600m: 7:35.70	1:17.61	1000m: 12:41.89	1:17.00		1400m: 17:51.84	1:17.51		
	300m: 3:44.73	1:17.14	700m: 8:52.58	1:16.88	1100m: 13:59.19	1:17.30		1500m: 19:06.43	1:14.59		
	400m: 5:01.15	1:16.42	800m: 10:08.72	1:16.14	1200m: 15:16.64	1:17.45					